

Yoga Sessions

September Schedule

Sep 1, 2024	Sun	☀️	No Yoga	Sep 16, 2024	Mon	☀️	No Yoga
Sep 2, 2024	Mon	☀️	Sierra 7:30 - 8:30am	Sep 17, 2024	Tue	☀️	Deni 7:30 - 8:30am
Sep 3, 2024	Tue	☀️	No Yoga	Sep 18, 2024	Wed	☀️	Sierra 7:30 - 8:30am
Sep 4, 2024	Wed	☀️	Deni 7:30 - 8:30am	Sep 18, 2024	Wed	🌙	Sierra 7:30 - 8:30pm
Sep 4, 2024	Wed	🌙	Sierra 7:30 - 8:30pm	Sep 19, 2024	Thu	☀️	Deni 7:30 - 8:30am
Sep 5, 2024	Thu	☀️	No Yoga	Sep 20, 2024	Fri	☀️	No Yoga
Sep 6, 2024	Fri	☀️	No Yoga	Sep 21, 2024	Sat	☀️	No Yoga
Sep 7, 2024	Sat	☀️	No Yoga	Sep 22, 2024	Sun	☀️	Deni 7:30 - 8:30am
Sep 8, 2024	Sun	☀️	No Yoga	Sep 23, 2024	Mon	☀️	Sierra 7:30 - 8:30am
Sep 9, 2024	Mon	☀️	No Yoga	Sep 24, 2024	Tue	☀️	No Yoga
Sep 10, 2024	Tue	☀️	No Yoga	Sep 25, 2024	Wed	☀️	Sierra 7:30 - 8:30am
Sep 11, 2024	Wed	☀️	Deni 7:30 - 8:30am	Sep 25, 2024	Wed	🌙	No Yoga
Sep 11, 2024	Wed	🌙	No Yoga	Sep 26, 2024	Thu	☀️	No Yoga
Sep 12, 2024	Thu	☀️	No Yoga	Sep 27, 2024	Fri	☀️	No Yoga
Sep 13, 2024	Fri	☀️	No Yoga	Sep 28, 2024	Sat	☀️	No Yoga
Sep 14, 2024	Sat	☀️	Deni 7:30 - 8:30am	Sep 29, 2024	Sun	☀️	No Yoga
Sep 15, 2024	Sun	☀️	No Yoga	Sep 30, 2024	Mon	☀️	Sierra 7:30 - 8:30am

Humboldt Room at The Headwaters Eco Lodge

Drop-In Session: \$15 | Locals Rate: \$12

See you there, Namaste.

